

**PENN PSYCHIATRY**

**MOVING FORWARD TOGETHER | RESURGENCE AND ANTI-RACISM**

JUNE 25, 2020



**MESSAGE FROM THE CHAIR**

Dear Faculty, Trainees and Staff:

Thank you for all the outstanding work you are doing! I know that all are working hard towards resurgence, whether welcoming new classes of Medical Students, Residents or Fellows, beginning to see more patients in person or setting up protocols to restart basic, translational and clinical research.

Resurgence plans for re-booting the clinical operations of UPHS are going very well. For many services across all 6 hospitals, patient volumes are up to 85-90% of what they were prior to the pandemic. That is very good news as UPHS is the engine for the school and a major contributor to the fiscal stability of the University. However, because we are not out of the woods with COVID-19, we must remain cautious and fiscally responsible. That means continuing to limit spending on a variety of fronts. We need to be prepared in case there is a second wave of the pandemic, hints of which are showing themselves in the South and West of the country. That said, we have reason to be optimistic given how well we did during the first wave and of course, we have a wealth of experience now to address a second wave, should it come to pass.

I am delighted to say that the first meeting of the Task Force for Creating an Anti-Racist Culture for Penn Psychiatry is on Monday and I look forward to hearing all the wonderful suggestions that I think they will contribute. The TF, chaired by Dr. Clarence (Clay) Watson, includes

faculty, staff and trainees and we worked hard for its membership to have diversity in all of its forms.

The Book Clubs on Anti-Racism are being launched soon. We had a lot of volunteers who will be assembled randomly into groups of 7 or 8 to allow all participants to have an opportunity to contribute. Cindy will be sending out notices soon.

As always, I urge you to take good care of yourself. As Philadelphia continues to move towards reopening, please be sure to wear face coverings and keep physical distancing in all of your endeavors. Make sure to stick to your routines around eating, sleeping and exercise, if possible. I know how stressful this has been and I wish for all of you to be as well as possible.

Warmly, m

#### **PENNCHART COVID-19 UPDATES**

**Reminder:** If you are not on the network and require access to restricted content or links, please log in to the [Remote Access Portal](#) or use a Penn Medicine device and its VPN connection. [>> Click Here for Related Tip Sheets](#)

#### **Specimen Source Update for In-House Orderable**

**IMPACTED USER GROUPS:** Providers - There are now five available sources for COVID-19 (SARS-COV-2), RT-PCR. Mid-turbinate (deep nasal) and Anterior Nares (nasal swab) have been added for selection. [Read More Online](#)

#### **WELLNESS RESOURCES**

Click [here](#) to access our Wellness Resources.

#### **THANK YOU FOR YOUR SERVICE.**

#### **Vision**

Promoting health for the brain and mind to transform lives and the world.

**Mission**

Penn Psychiatry develops and implements new ideas to understand, prevent, and treat disorders of the brain and mind, through innovative research and discoveries, outstanding educational, world renowned clinical services, and transformational public health policies.